

ICD-10 CODING DOCUMENTATION GUIDELINES

Major Depressive Disorder

MVP Health Care understands that diagnosis coding can be challenging. This Fast Fax will outline the coding guidelines for Major Depressive Disorder.

- Depression is identified by type in categories F32 (major depressive disorder, single episode) and F33 (major depressive disorder, recurrent).
- Document episode:
 - Single
 - Recurrent – A recurrent depressive disorder is characterized by repeated episodes of depression without any history of independent episodes of mood elevation and increased energy or mania. There has been at least one previous episode lasting a minimum of two weeks and separated by the current episode of at least two months. At no time in the past have there been any hypomanic or manic episodes.
- Document severity:
 - Mild
 - Moderate
 - Severe
 - With psychotic features
 - Without psychotic features
- Document status: For a classification of remission the patient has had two or more depressive episodes in the past but has been free from depressive symptoms for several months. This category can still be used if the patient is receiving treatment to reduce the risk of further episodes. It will be based on the provider's clinical determinations and documentation.

Remission:

 - Full remission
 - Partial remission
- Document any associated diagnose/conditions.

*******PLEASE CODE TO THE HIGHEST LEVEL OF SPECIFICITY*******

If you have any questions with respect to this notice, please contact your Professional Relations Representative.

