



## **DOCUMENTING ANXIETY (F34, F41)**

- Anxiety is classified as “phobic” and “other”
- Generalized anxiety and panic disorder are available along with “unspecified anxiety”
- There are potentially new codes in places other than the mental health chapter that may provide a better picture of the patients situation;
- Z60.0 Problems of adjustment to life-cycle transitions
- Potential use of symptom codes when patient has not been formally diagnosed:
  - R45.0 Nervousness
  - R45.1 Restlessness and agitation
  - R45.82 Worried